1: Ammar E, I-5 (1951) 1954
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good as the village reciter, this being justified on the grounds that the 'village girl is always one-eyed'. Introduction of cash crops like sugar-cane and cotton has caught on for the same reasons as landlords who can afford to live in the city grow such crops. Emulation of city standards for social prestige is obvious in the example of those few people who white-washed their houses mainly on the outside but seldom inside, in contrast to the dark grey colour of mud, the ordinary house coating. The same whitewash with inscriptions from the Koran concerning pilgrimage, crude paintings of camels, and mahmal procession also form the outside decoration of the houses of pilgrims made immediately after their return from Mecca.

While some articles of men's wear or some parts of their speech have been affected by city ways, women's dress and language have hardly been affected at all. This is partly due to their relative restriction of movement and travel compared with men. On some occasion, there was a commotion in the village concerning the spread of city headgear among the women. This led to their nightly itinerary to fill their jars from the Nile being stopped for a while, as the men complained that women made it an occasion for displaying their colourful headgear.

The villagers appreciate the fact that city dwellers are much more inclined to mind their own business and engage in no gossip. Their attitude towards gossip is, however, paradoxical. It is considered sinful to talk about somebody behind his back; the Koran condemns it, and the Prophetic Tradition warns against it as 'gossip eats up the good deeds as the fire eats up wood'. Much of the village preacher's advice in the Friday sermon is on the avoidance of gossip and the use of the human tongue which could be like the scorpion's tail. Yet on the other hand, the villagers in their formal and informal gatherings occupy themselves with talking about the doings, the problems, the quarrels, and the general business of other people. They will tell you that they are engaged in just having a mouthful of words, or just chewing the cud. It is well known that gossip is almost an institution in rural areas, partly informative, partly interpretive, and on the whole functions as a means of social control and a medium for the formation of public opinion. In this connection, my informant Ali told me that townspeople have more scope for piety, as the occasions for gossip do not arise as among the people of Silwa.

One of the main things that a small number of enlightened villagers are aware of is the fact that in the cities people can find more religious enlightenment as to what are the principles of pure religion in distinction from religion mixed with pre-Islamic customs (Jahilyia), which they think are prevalent in the village. On enquiring about examples of the supremacy of the chances of the city dwellers over the villagers in this respect, most of the information elicited concerned religious ritual. Ali, as well as other persons, stated that city people know how to perform their ablutions better, how to say their prayers in a more acceptable way, and have no mourning

178 But we must at all costs avoid here even the appearance
121 of determinism. The fellah is no more the product of the Egyptian countryside than the countryside is the product of the fellah. There is no question here of inevitability, or any determining influence. Man is free, and this freedom is to be defined as "the power of self-determination".

Man is free, and cultivation remains contingent on his will. There are infinite possibilities, among which the will of man — not of the fellah, but of his master — chooses this or that, according to circumstances. At one time, the vine was grown on Egyptian soil. Grapes make wine, and the
241 veto of the Koran killed the vineyards. Not long ago, vast
249 areas were planted with tobacco, but the Government has now forbidden this. Maize of American origin, and cotton, introduced in the nineteenth century, are now chief among the crops. Tomorrow some new crop may cover the fields. No law of necessity, whether of climate or soil, determines once and for all the agriculture of Egypt; much less, then, human life. At the same time the climate and vegetation of Egypt exert a characteristic influence on those who live in, and on, the country.

181 In the case of the town-dwellers and industrial workers,
183 the bond between nature and man is looser; the impress
132 of the physical environment is softened and neutralised by the
133 stronger social, civic and political influences. This makes
121 these classes less stable, but more progressive.

The countryman, on the other hand, is moulded directly by the soil. Febvre justly criticises the generalisations of Ratzel and Brunhes on the influence of physical environment (4); but without granting their theories anything like universal applicability we may recognise that they do apply sufficiently to agricultural communities, and especially to the Egyptian fellaheen.

It will become clear, indeed, that the monotony, uniformity and productiveness of the Nile Valley have their exact counterpart in the characteristics of the fellah community. These two are not parallel but correlative. They meet and crystallise in a distinct manner of life, which is at once a geographical and a social phenomenon. It will also become clear that the water and mud of the Nile enter into and in great part explain the whole life of the fellah, his work and his home, his body and his soul, and impart

Paradoxical as it may seem, there appears to be a relation between the increase in this "drug habit" and the development of perennial irrigation. It has in fact been proved that this invention, which has doubled Egypt's wealth, has also encouraged bilharzia and ankylostomiasis. These diseases weaken the fellah and reduce his power to work. He seeks relief in the stimulant readiest to hand. As the men, who spend their lives in mud and water, are more affected by these diseases than the women, they are also more addicted to this "black tea" (46).

The cultivation of tobacco, which was brought into Egypt at the beginning of the seventeenth century, was forbidden by a decree of 25th June, 1890. Imported in the raw state from Greece, Turkey and Japan, and processed in Egypt, it is too dear for most of the fellaheen. As with coffee, it is in much greater use in the towns (47).

As a rule the fellaheen eat three meals a day; at sunrise before leaving for work (*futûr*); about 10 o'clock, in the field (*ghâda*); and at home at dusk (*'asha*). The fellaheen always sit cross-legged on the ground, and eat with their fingers.

Those at work usually eat their lunch (*ghâda*) in the open air and in company, each taking his food from the plate or enamel pot his wife has brought him, while the water bottle passes from hand to hand.

The chief meal is supper, which consists of warm cooked food eaten with the family. Cooking is done with oil over a Primus stove, or in a household oven fed with strawed cow-dung (*gilla*).

The fellaheen do not go in for cattle-rearing, and as meat is expensive they cannot eat much of it. They have mutton or beef at most once a week, and at least on the two great festivals, or when an animal is killed by accident. This means an orgy, at which everyone puts away tremendous helpings of food. Every now and again some rich man, for a vow or a funeral, kills an ox or *gamoossa* and gives away its meat; then the poorest can have a feast for nothing.

Those who live on the banks of the Nile, a large canal, or a lake, use nets to catch small fish, which they cook in oil. But most of them are limited to vegetables. Onions (*bassal*), turnips (*lift*), green peppers (*filfil*) and cucumbers (*khiyâr*) are eaten raw. Vegetables which they cook are ladies' fingers (*bâmia*) and *molokhiya* (Jew's mallow) (48), both of

3: Ayrout M-5 (ca. 1935) 1945
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F 184 665 cratic forms can never have been so misleading. But that is not the worst evil, as we shall see.

E 652 439 651 The economic progress of Egypt is as striking as its political development. The country's financial prosperity is remarkable. Even before the war the State had a gold reserve of thirty million pounds, and between 1925 and 1935 it almost doubled. The budget never shows a deficit. The constant increase of revenues from the Customs and the railways, the capital of the limited companies, both foreign and Egyptian, the development of local industry (the Bank Misr companies employ 200,000 men), the place of Egyptian cotton on the world's market, the improved quality of the crops, the systematic extension of perennial irrigation and therefore of agricultural production — all these are signs of prosperity.

F 178 But this progress has resulted in no increased well-being for the fellah. His standard of life and his methods of work have remained unchanged, for all this progress was based on his labour. His ignorance and stagnation were the conditions for this capitalist prosperity.

F [248 249] 'The so-called rich crops', wrote an economist some time ago, 'that is to say cotton and sugar-cane, will not fail to influence the evolution of the fellaheen, since the one develops capital, which will effect an improvement in agriculture, and the other industry, which will sharpen the fellah's wits by the use of machinery.'

F 511 In fact, neither capital nor industry has helped the fellaheen. Both before and after the boom of 1920 their financial affairs were as bad and their poverty as great as a hundred or a thousand years ago. There are even signs, and that in official reports ('°), of a lowering of the standard of living. It is the fashion to attribute this to the increase in the population, though 'Aly Shamsy Pasha also cites 'the unequal distribution of agricultural wealth' ('¹). In the midst of this poverty in prosperity there are still landowners whose incomes are L.E. 12,000 to L.E. 15,000 a year.

F 183 Yet here again the evil must not be exaggerated. There may be something worse than poverty — ignorance.

E 873 The intellectual revival of Egypt has been dazzling. Under the reign of Fuad I especially, learned institutions were multiplied. The Fuad I University, which did not exist twenty-five years ago, has today nearly 10,000 students,

3: Ayrout M-5 (ca. 1935) 1945
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113
[464 857] and even prejudicial to their health". LA PATRIE (a Cairo newspaper), 10th November 1936.

26. AL-MUSSAWAR, Cairo, 28th June 1935.

27. [651] "Every male above 9 years and below 25 years of age who is accustomed to agricultural labour may be levied for such labour by the administrative authorities at the wage customary in the locality."

28. [249 136] GELECHIA GOSSYPIELLA SAUNDERS. The boll-worm properly so called is EARIAS INSULANA, and the leaf-worm, also a great pest, is PRODENIA LITURA F.

29. [465] Proclamation No. 258 of 1942 fixed the minimum wage for this type of work at 7½ piastres a day.

30. Between 1942 and 1945 some rises occurred in wage rates, while the official cost-of-living index rose to 300 (1939-100).

31. [249] One feddan produces from 4 to 5 CANTARS of cotton, according to the quality of the seed. In 1936 there was a record average of 6.16 CANTARS.

32. AL-AHRAM, 3.11.36. It should be noted that over-population affects the relation between supply and demand.

33. [426 735] The solution proposed by the authorities is that the Government should take over debts to money-lenders and deduct a small amount from the fellah's annual revenues until they are paid off.

34. Ernest Chantre : RECHERCHES ANTHROPOLOGIQUES EN EGYPTE : Rey, Lyons, 1904.

35. J. de Morgan : RECHERCHES SUR L'ORIGINE DES EGYPTIENS : Leroux, Paris, 1909.

36. Dr. Abbas Pasha: FIXITÉ DE LA RACE DANS LA FEMME EGYPTIENNE : BULLETIN OF ROYAL GEOGRAPHICAL SOCIETY, Cairo, Vol. VI, pp. 461-70.

37. Vonderheyden : LE HENNÉ CHEZ LES MUSULMANS DE L'AFRIQUE DU NORD : JOURNAL DES AFRICANISTES, Paris, 1934, Vol. IV, pp. 55-61 and 179-202.

38. [302] There are various formulae, but the commonest have an antimony base, with an admixture of charcoal, lamp-black or soot.